

Lienz

AUSTRIA



Clip Lienz

THE UNKNOWN PEARL OF THE DOLOMITES

Your upcoming unique holiday experience

Lienz is located in the heart of the Alps at the confluence of the rivers Isel and Drava, close to the highest Austrian mountain Grossglockner. After a three hour scenic ride you reach your unique mountain refuge from the International Airports in Venice or Munic by private transfer. Due to its perfect location and its sustainable tourism development over the past decades, Lienz still offers a full intact, vibrant and authentic local life which combines traditions and modernity alike.

You will be fascinated by the natural beauty with ever cooling glacier rivers, beautiful shaped mountain lakes, waterfalls and gorgeous mountain formations in the midst of the highest mountains of the Eastern Alps.

Lienz – certainly a place of highest quality of life!

Lienz is loved by locals and holidaymakers likewise. Especially in summer, the beautiful town stands out by its unique flair. Here, life can still be enjoyed to the fullest, far away from rumbling cities, pollution, heat and dust, Lienz will welcome you with a light breeze of fresh mountain air, with cool water from glacier rivers, significant rainfalls, stunning mountain lakes and adorable Alpine meadows and forests!

Enjoy and relax in an unique environment, regain strength, let your soul dangle and renew your energies!


alpenland
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THE 5 * * * * * GRAND HOTEL LIENZ

This luxury 5-star hotel offers an exclusive ambiance in the heart of the picturesque town of Lienz in East Tyrol, surrounded by the scenic mountains of the Lienz Dolomites. Guests benefit from a large spa area and a gourmet restaurant. The spacious, luxuriously furnished rooms and suites at Grandhotel Lienz offer mountain or river views, a private lounge, a flat-screen TV, and an elegant bathroom. Free WiFi is provided in all rooms.

The 1400 m² spa area at the Lienz Grandhotel includes the exclusive Private Spa and the Medical Wellness Center, which offers highly efficient wellness programs for nutrition, vitality and a healthy lifestyle. A wide range of individually adjusted spa and beauty treatments is also available. The Orangerie restaurant offers international dishes with regional ingredients. Drinks can be enjoyed on the sun terrace overlooking the Isel River.

Superior Suite Zetttersfeld Price per Person: € 1179,-

with view to the Hohe Tauern National Park, private bath with bathtub and shower / separate toilette cozy private lounge, Flat-TV



Superior Suite Isel 38 m² Price per Person: € 1289,-

facing the Dolomites of Lienz and the glacial river Isel, private bath with bathtub and shower / separate toilette, cozy private lounge, Flat-TV



Royal Suite Isel 78 m² Price per Person: € 2150,-

facing the Dolomites of Lienz and the glacial river Isel, 1 bedroom, 1 living room, 2 Flat-TVs, balcony, 2 bathrooms, bathtub and shower / separate toilette and bidet



Supplement half board:

4-course menu €45,00 per person/day

5-course menu € 49,00 per person/day

Supplement full board:

2-course Lunch Menu and

4-course Dinner Menu: € 68,- person/day

Included in Price:

- private Airport Transfer from Venice or Munic International Airport to Lienz and back to Airport
- 7 x Nights in mentioned Room at 5* Grand Hotel Lienz including Buffet Breakfast
- All rooms are equipped with bathroom/shower/WC, TV, radio, tablet, telephone, safe, minibar, hairdryer, bathrobe and balcony!
- Usage of 1400 m2 Wellness Spa and Fitness Area including Indoor + Outdoor Relax Pool, generous Sauna Area, Steam Bath, Tee and Fruit Corner in Wellness Area, etc.
- Swim Bag including Bathrobe, Bath Towels, Bathe Slippers during your stay
- Free WLAN

Child reductions:

- | | |
|------------|-----------------------------------|
| 0-2 years | free of cost |
| 3-6 years | € 30,- per night incl. breakfast* |
| 7-12 years | € 75,- per night incl. breakfast* |

*valid with 2 paying guests in the room



M E D I C A L T R E A T M E N T S

The Medical Wellness center at 5-star Grand Hotel Lienz, created exclusively for your health, enables you to enjoy a feeling of well-being and health improvement. Under the management of accredited specialist Univ. Prof. Dr. Peter Lechleitner you will be cared for by qualified specialists who will exploit your full potential and activate reserves for the improvement of your wellbeing. Our strength is in our combination of the latest scientific as well as complimentary medicine. The highest level of quality, scientific evidence, and excellent qualifications of our staff can all be expected at the 5-star Grandhotel Lienz Medical Wellness Center. Offered at the Medical Care Area is preventive medicine, medical check-ups, individual health advice and targeted therapies. Also offered are treatments from the areas of traditional Chinese medicine, beauty, health, nutrition, fitness and 'well-aging'.

COMPLETE-CHECK Duration

120 minutes

- Medical consultation and examination
- Blood pressure test
- ECG
- Pulmonary function test
- Echocardiogram (Ultrasound of the heart)
- Ultrasound of abdominal organs
- Ultrasound of thyroid and neck vessels
- Blood and urine test (extended)
- Creation of risk profile
- Advice and therapy recommendations
- Physician's report

€ 590,00

HEART-CHECK Intensive

- Medical examination
- Blood pressure test
- ECG
- Echocardiogram (Ultrasound of the heart)
- NT pro BNP-Test (heart hormone)
- Discussion of heart risk and physician's report
- Ultrasound of neck vessels
- Cardiac stress test (exercise ECG)

€ 290,00

HEART-CHECK Basic

- Medical examination
- Blood pressure test
- ECG
- Echocardiogram (Ultrasound of the heart)
- Discussion of heart risk profile

€ 160,00

A L S O A V A I L A B L E

Detoxification and losing weight with Detox – SymbioCare

Detox- Symbiocare is an integrative detoxification and weight loss program that takes into account modern scientific nutritional findings (liver fasting according to Dr. Worm) as well as centuries-old nutritional experiences of Traditional Chinese Medicine (TCM), supported by traditional European remedies (liver wrap, oil pulling, detoxification teas) and the gentle healing power of homeopathy. A specially tuned exercise program with swimming, walking up to various relaxing massages supports weight regulation. Yoga can be offered as an option.

A C T I V E T O U R S

We are able to organize you all kinds of Active Tours in the beautiful scenery in and around Lienz. All tours will be fully organized including pick up from hotels, very experienced local english speaking guides.

„Rafting“

Get inside a raft boat and enjoy an unforgettable experience in one of the last free flowing glacier rivers around Lienz. From family rafting, sports to Extreme Rafting. The grade of enjoy is up to you!

„Canyoning“

is travelling in canyons using a variety of techniques that may include other outdoor activities such as walking, scrambling, climbing, jumping, abseiling (rappelling), and swimming. Explore some of the most beautiful mountain sceneries with well experienced guides in order to have an unforgettable water-mountain experience!

„Airtime“

AIRTIME AUSTRIA - Professional Tandem Paragliding. Experience unforgettable paragliding tandem flights in and around the Dolomite Mountains. An Experience you'll never forget!

„Mountainbiking“

All the trails in Bikepark Lienz together make an impressive length of about 11.6 kilometres and are thus a challenge for every experienced biker.

Flow and lots of air-time describe the new trails perfectly, whereby the unmatched panorama also deserves being mentioned. Where else can you ride your bike on a perfectly shaped trail of more than 7 kilometres right down to the city!

„Climbing Park“

Enjoy watching and climbing together in a beautiful forest setting: Try taking your skills to the trees and get a new perspective while you test your limits. With 14 courses of varying difficulties, you are challenged to cross bridges, climb ladders, obstacles and zip lines in one of Tirol's biggest and one of Austria's best aerial adventure parks.

„Climbing between Grossglockner and the Dolomites“

Trained mountain guides will help you to reach the highest mountain of Austria (Grossglockner 3798 m) or guide you through The Lienz Dolomites, due to their wild rock formations also called the "ogres". Enjoy climbing at an international top level

All Tours can be booked "in time" at our local office. Prices are up to number of participants.



Adventure



Action



DAY TOURS

Krimmler Wasserfalls „WaterWonderWorld“

The Krimml Waterfalls, with a total height of 380 metres (1,247 feet), are the highest waterfalls in Austria. The falls are on the Krimmler Ache river and are located near the village of Krimml in the High Tauern National Park in Salzburg state, just one hour drive through a beautiful mountain scenery from Lienz. You will enjoy a pleasant walk up the waterfalls. The misty spray of the waterfall creates ideal growth conditions for hundreds of mosses, lichens and ferns. The surroundings are the habitat for 62 bird species.



Moelltaler Glacier - Winter is guaranteed

The Hohe Tauern are a truly breathtaking area. Over millions of years, natural processes have created the highest peaks in the country here and covered them with eternal ice. If you would like to experience this beautiful alpine world of adventure at first hand, the best way is to make your way to the Mölltaler Gletscher – a real highlight in Flattach and in the Hohe Tauern National Park Region in Carinthia. and mountaintops. Snow and Ice all year round! We will pick you up from your hotel and drive you to the underground railroad – Gletscher Express – which takes you to the middle station in only 8 minutes. Then you continue by gondola into the high

mountains at 2,800 m above sea level. From the top station of the gondola lift you can take the chair lift – Gletscher Jet – to the highest point. From there you have a breathtaking panoramic view over all 3.000m peaks of the region. Enjoy an unforgettable day!

Pragser Wildsee / Lake Prags

The Pragser Wildsee, or Lake Prags is a lake in the Pragser Dolomites in South Tyrol, Italy, just an hour drive through beautiful mountain scenery from Lienz. The lake is a tourist destination, which attracts visitors for the blue / emerald green color of its clear waters and for the natural scenery in which it is immersed. In fact, the lake is surrounded on three sides by Dolomite peaks. It is possible to take a tour around the banks of the lake. This route is flat and wide on the west bank, while on the east bank it is steep and narrow, with some stairways. Despite this, the beautiful walk that leads to the foot of the Seekofel can be tackled by any hiker. On the return way you will stop at the Loacker's World of Goodness which lies in the middle of the mountains, surrounded by fields, farms and forests. It's all about the famous Loacker wafer and chocolate specialities here!



Grossglockner High Alpine Road adventure

The high mountains and the Grossglockner: What was once reserved for experienced mountaineers only, has been an experience for young and old since the construction of the Grossglockner High Alpine Road, which enjoys unbroken enthusiasm and fascination. Much has changed since the opening of the Alpine Road in 1935. The road became wider, safer and more comfortable. Exhibitions and museums, huts and mountain inns, visitor centres and information points focus on the diverse mountain world with its fauna and flora in the middle of the Hohe Tauern National Park. The mountain road blends harmoniously into the landscape and offers a unique mountain experience. From Lienz you will have several stops on the high Alpine Road with stunning views and def. you will get to touch snow, even in high summer season! On



the way back you will visit the beautiful Lake in Zell/See, where you have time to wonder around the old town or take a boat tour on the beautiful lake.



Gipfelwelt 3000 - Glacier Experience

High above, in 3.029 metres above sea level and directly at the border to the Hohe Tauern National Park, you can feel alpine nature with all your senses. An alpine experience, which is usually reserved for experienced alpinists on their mountain tours, turns into a leisurely excursion at the Kitzsteinhorn in 3.000 metres above sea level. Reached easily with the comfortable cable cars, the Gipfelwelt 3000 is a popular excursion destination all year round. The view from the viewing platforms "Top of Salzburg" and "National Park Gallery" is marvellous. The glaciated peaks of the Hohe Tauern National Park glisten in the sunshine and Austria's highest mountain, the Grossglockner, peeks at eye level through the clouds.

Shopping Day Tours

We offer you individual shopping day tours up to your desire and wishes. In reach there are huge shopping centers and traditional shopping streets in Salzburg, Munic or Venice. Several Design- and Outlet Centeres can be reached from Lienz. We provide informations and tours up to your wishes!



A L P E N L A N D
T R A V E L A N D T O U R I S M
D E V E L O P M E N T
S I N C E 1 9 3 0

As a tour operator based in Lienz we are specialized in designing tours in Austria and throughout Europe. We have many years of experience in the organisation of group and individual travel and in creating and adapting programmes with a high degree of quality, flexibility and sustainability to get packages created fulfilling the desires of our clients.

Thanks to our 90 years experience we can offer you real insights of Austrian and European Culture! We will put up your very own tailor-made travel itinerary to all desired destinations and assume all transportation in high quality limousines or busses, first class hotels, all required restaurant reservations and book your tickets to all desired sight seeing points.

For Booking please contact us:

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